

# **The Global Epidemic of Busyness**

## **Time Famine**

I was inspired to create Tropical Living because I am genuinely concerned about the speed of life, the lack of leisure time and its effect on people. Leisure time has become endangered by the global epidemic of busyness. Tired, overworked and starved for quality time off, our hectic lifestyles place an enormous strain on togetherness. Relationships are suffering as people lose touch with what really matters in life, our connection with ourselves and those we love. It takes time to stay connected. The pace of life for millions of people is spinning out of control. We need time to reflect upon what is most important: close, intimate relationships with the people that matter the most in our lives. The Tropical lifestyle can help you slow down, reconnect with yourself and your loved ones and celebrate life wherever you may live.

## **Relationships are Suffering**

As people get busier, they neglect some of the most important aspects of being alive. Marriages and relationships suffer because couples are unable to invest the time necessary to nurture each other and stay connected. It takes time to stay connected. Overscheduled, even children are too busy nowadays. Children are being shown that there is no time to rest, relax, and enjoy life. No time for walks in nature. No time for casual conversations. No time to remove the clutter in our homes and our lives. No time to figure out what is draining us. No time for self-reflection, personal development and spiritual growth. People really need to escape, unwind and reconnect. What better place to do that than on a beautiful tropical island? I created Tropical Living because of the global need for people to spend more quality time together.

## **Creating memories with your family**

Are the kids about to head off for college? Spend one last vacation together as a family and create memories that will last a lifetime. Jet off to your own private home on a tropical island for the summer.